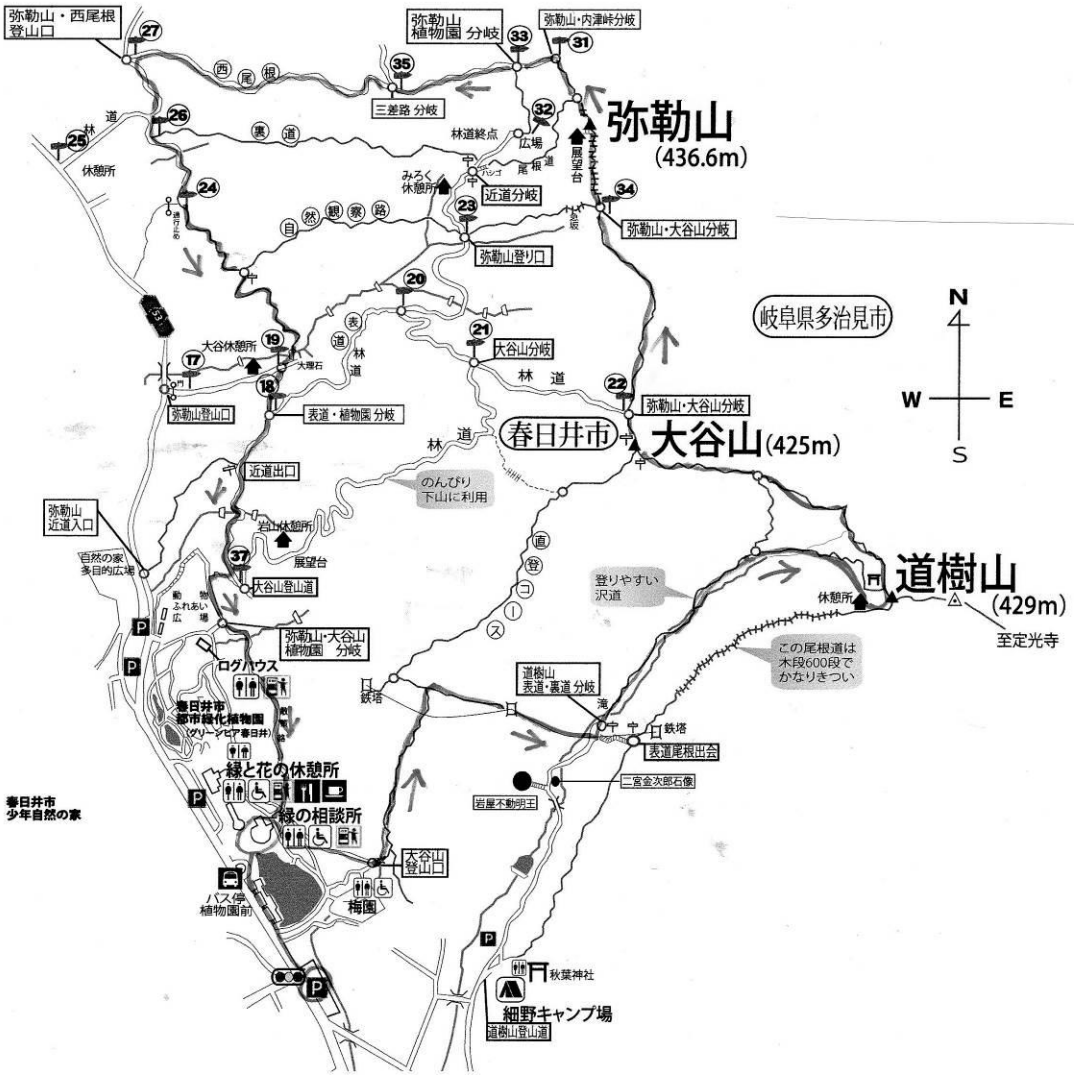弥勒山・大谷山・道樹山コース